







North Star Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1/3/18 Apple Mini Loaf String Cheese Assorted Cereals Fruit or Fruit Juice Choice of Milk	1/4/18 Pancake & Sausage on a Stick Assorted Cereals Fruit or Fruit Juice Choice of Milk	1/5/18 Mini Waffles String Cheese Assorted Cereals Fruit or Fruit Juice Choice of Milk
1/8/18	1/9/18	1/10/18	1/11/18	1/12/18
Pop Tart String Cheese Assorted Cereals Fruit or Fruit Juice Choice of Milk	Ham & Cheese on a Croissant Assorted Cereals Fruit or Fruit Juice Choice of Milk	Blueberry Muffin String Cheese Assorted Cereals Fruit or Fruit Juice Choice of Milk	Scrambled Eggs and Toast Assorted Cereals Fruit or Fruit Juice Choice of Milk	Apple Strudel String Cheese Assorted Cereals Fruit or Fruit Juice Choice of Milk
1/15/18	1/16/18	1/17/18	1/18/18	1/19/18
Act 80 Day No School	Mini Pancakes String Cheese Assorted Cereals Fruit or Fruit Juice Choice of Milk	Breakfast Burrito String Cheese Assorted Cereals Fruit or Fruit Juice Choice of Milk	Oatmeal Bar String Cheese Assorted Cereals Fruit or Fruit Juice Choice of Milk	Cinnamon Sugar Toast Assorted Cereals Fruit or Fruit Juice Choice of Milk
1/22/18	1/23/18	1/24/18	1/25/18	1/26/18
Yogurt String Cheese Assorted Cereals Fruit or Fruit Juice Choice of Milk	Funnel Cake with Powdered Sugar Assorted Cereals Fruit or Fruit Juice Choice of Milk	Waffle Sticks String Cheese Assorted Cereals Fruit or Fruit Juice Choice of Milk	Breakfast Pizza Assorted Cereals Fruit or Fruit Juice Choice of Milk	Bagel with Cream Cheese Assorted Cereals Fruit or Fruit Juice Choice of Milk
1/29/18	1/30/18	1/31/18		
Choc.Chip Muffin String Cheese Assorted Cereals Fruit or Fruit Juice Choice of Milk	Sprinkled Glazed Donut Assorted Cereals Fruit or Fruit Juice Choice of Milk	Cherry frudel String Cheese Assorted Cereals Fruit or Fruit Juice Choice of Milk		

What is a Meal?
You must choose at least 3 of the 4 components available for the schoolbreakfast price.

Choice of: Grain or grain/protein
Choice of fruit or vegetable
(must take at least a 1/2 cup)
and
Choice of Milk
Choice of Milk - 1% white, fat-free
white, chocolate

You must take at least 1/2 cup of
fruit or vegetable

Fruit May Include:
Canned peaches, applesauce,
pears, pineapple, fruit cocktail,
mandarin oranges, 100% juice
(apple, orange), fresh fruit
selection including apples,
bananas and oranges

**Whole Grain Cereal
Selection May Include:**
Cinnamon Toast Crunch
Trix
Cocoa Puffs
Reeses Puffs
Golden grahams
Honey Nut Cheerios

Student Paid Breakfast \$0.00
Student Reduced Breakfast \$0.00
Adult Breakfast \$1.50



General Manager

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and employer.